

Overblown Rage

There is a story of one of the mahasiddhas of India, Drin Gyepa, who was staying in a certain city. Very early one morning, as he was still sleeping, a nearby blacksmith was creating a huge noise. It woke up Drin Gyepa from his sleep, and he was furious at being wakened in this unpleasant way so early in the morning. In the midst of his rage, he looked at its essence. Because it was so overblown, it was completely without any elaboration of thought, and mind's essence, Mahamudra, was revealed. This story illustrates how awareness arises through anger. When you are so angry, there is no elaboration, no covering. If you look directly at the mind, nothing obscures its stark nature, so you can have realization.

From *Creation & Completion*, Karma Dzong Boulder, October 1995 & June 1996, p. 87.
Translated by Sarah Harding.